

GET UP & MOVE!

Booklist

I See a Song - Eric Carle

Pancakes, Pancakes! - Eric Carle

"Slowly, Slowly, Slowly," said the Sloth - Eric Carle

Where Are You Going? To See My Friend! - Eric Carle

Bounce - Doreen Cronin

The Bouncing, Dancing, Galloping ABC - Charlotte Doyle

Dance Away - George Shannon

How Can You Dance? - Rick Walton

Action Wigglers & Games

HOKEY POKEY What if the Hokey Pokey really *IS* what it's all about? Dance!

DO A RIBBON DANCE Make eye-catching swirls, loops, and squiggles to music with colorful scarves or crepe paper streamers to do a preschool version of the Ribbon Dance. Ribbon Dance is based on an old, colorful Chinese dance. Google it.

ACT OUT A THUNDERSTORM "Boom, Bang" author unknown. From *Family Storytime* by Rob Reid; ALA, ©1999. Do this one standing up!

Music

MOVEMENT SONGS you know and love, include *Head, Shoulders, Knees and Toes*.

"**MI CUERPO**", song # on *Celebrate: A Song Resource* by Stuart Stotts and Tom Pease. I use this CD often, and this is one of the great movement songs on it.

Flannel Board Story

HENRIETTA THE DANCING HIPPO a flannel board story created by adapting the book *Henrietta the Clumsy Hippo* by John Greaves; Barron's, ©1988.

Dramatic Play or Writing Activity

CHARADES Make cards that have various movements/actions written on them. Put the cards in a hat and select a child to draw one. Ask the child to act out the movement. Have the rest of the children guess what is being portrayed. The first child to guess correctly gets to draw a card and act out another action, or have children take turns in a circle. If you have too many children, you could have them take turns drawing a card out of a hat and *you* act it out. Examples: tying shoes, running in hot weather, having a stomachache, playing ball with a dog, planting a tree, talking on the phone, eating something sour, catching a ball, etc.

Act out the story of *Dance Away by George Shannon; Greenwillow, ©1982*. (look for the big book).

Have children mimic movements of the woman and the lion in the story of the *The Lion on the Path*. You can find the story in *The Lion on the Path and Other African Stories* by Hugh Tracey; Praeger, ©1968, 1967. You can also find this story in *The Story Vine: A Source Book of Unusual and easy-to-tell stories From Around the World* by Anne Pellowski; Macmillan, ©1984.

Crafts

DO YOUR EARS HANG LOW? Make a headband with 2" wide long strips of paper. Make floppy ears from construction paper, old socks, or old black tights and attach them from the headband. Then sing the song and act it out.

MOVING PICTURES Try this activity, "Making A Still Picture Move" from the book *Moving Art* by Hilary Devonshire; Franklin Watts, ©1990.

MAKE RIBBON STICKS This is a link to make ribbon sticks, but you can also make them with crepe paper. <http://crafts.kaboose.com/patrioticribbondancealong.html>

Resources

Stories on the Move: Integrating Literature and Movement with Children from infants to age 14 by Arlene Cohen; Libraries Unlimited, ©2007.

Using Music In The Classroom <http://www.supersimplesongs.com/teachingtips.html>

Much Ado About... Summer Reading Program 2009
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