

# **Farmers Changing Careers**

#### **Farmers Resource Guide**

https://green.extension.wisc.edu/files/2018/12/Farmers-Resource-Guide.pdf The resource covers: money, legal issues, basic needs, and careers. A resource from the UW-Extension of Green and Lafayette Counties.

## Farmer's Job Hunting Workbook (Scroll Down)

https://datcp.wi.gov/Documents2/JobHuntingWorkbookFull.pdf

Use this to work through coping with farm stress, finding skills, and apply for jobs.

## Farmers in Transition: Finding a New Career

https://tinyurl.com/yamq5xmc A guide for farmers moving to non-farm work. A resource from the Oklahoma Cooperative Extension Service.

## **Farmer Wellness Program**

#### https://datcp.wi.gov/Pages/Growing\_WI/FarmerMentalHealthWellness.aspx

Find support for difficult times. Information on support groups, tele-health, and payment assistance for counseling. Additional help is available 24/7 Farmer Wellness Helpline: **1-888-901-2558** for immediate mental health assistance for farmers. Please note: in suicidal or crisis situations, please call 9-1-1 or 9-8-8.